



Post-operative Root Canal Instructions

Your root canal has now been completed. The canals have been cleaned and sealed. Now your body and immune system must be given time to repair the tooth and its surrounding area.

It is normal for the tooth to be very sore for the first couple of days, and it may remain sensitive to biting pressure for up to six weeks. Three Advil (600mg total) every 6 hours will usually relieve the soreness. If the pain is severe, one extra-strength Tylenol (500mg) can be taken within each 6 hour window. Do not exceed 3200 mg Ibuprofen or 3000 mg Tylenol per day. If pain persists or increases despite taking pain reliever, or swelling develops, please contact the office.

Antibiotics are generally not required following root canal therapy. Your doctor will prescribe them when indicated.

Do not chew on the tooth until all tenderness is gone. This will likely be at least 3 days. This will prevent you from bumping the sore tooth and allow it to heal.

Many times after endodontic treatment a temporary filling is placed in your tooth. You should now return to your dentist, who will place the appropriate final restoration. Please get a permanent filling or crown done within a month. Do not chew on your treated tooth until it has been properly restored by your general dentist. There is a risk of fracturing the tooth.

If it is recommended by your endodontist to check the tooth in 6 months to monitor healing, please call to set up your complimentary recall visit when appropriate.

If you have concerns regarding your healing or have other post-operative questions please reach out to us at (507)-242-1441.