



Toothache Pain Management

For Mild to Moderate Discomfort

Take 600 mg of Ibuprofen (Motrin, Advil, etc.) or 500mg Acetaminophen (Tylenol) every 6 hours.

For Moderate to Severe Pain

For moderate pain, begin with 600 mg Ibuprofen (3 x 200 mg)

Three hours later take 500mg Extra Strength Tylenol (1 x 500mg)

Three hours after that take another 600 mg Ibuprofen

Continue to alternate 600mg Ibuprofen and 500mg Tylenol as needed. These two potent anti-inflammatory drugs work synergistically together to fight inflammation and pain.

NEVER exceed either the Tylenol or Ibuprofen medication sooner than every (6) hours. Do not exceed 3200mg Ibuprofen per day or 3000mg Tylenol per day.

You may discontinue the medication as discomfort decreases.

If you experience any reaction from the medications which appears to be abnormal, stop the medication and call our office at 507-242-1441. Also reach out to us if this protocol does not relieve your pain.